

VALLEY CATHOLIC



RUN CLUB



— WE RUN TOGETHER. WE GROW TOGETHER. —



STAY ACTIVE

Build healthy habits and feel your best.



MAKE FRIENDS

Connect with others and be part of a positive community.



BUILD CONFIDENCE

Challenge yourself and celebrate progress.



HAVE FUN

Enjoy the run, the outdoors, and great company!

JOIN US!

- ✓ ALL ABILITY LEVELS.
- ✓ ALL PACES.
- ✓ ALL WELCOME.

GRADES 3-5



**SCAN HERE
TO SIGN UP!**



LED BY MR. HOGENCAMP AND MR. MURPHY

