



## VOLUNTEER RELEASE AND WAIVER

- ☐ VCS/High School ☐ VCS/Middle School ☐ VCS/Elementary School ☐ VCS Early Learning School ☐ VCS Music School
- ☐ Maryville Care ☐ SSMO Foundation ☐ SSMO Ministries Corporation

I, \_\_\_\_\_ ("Volunteer"), have an interest in assisting **Sister of St. Mary of Oregon Campus Schools Corporation** (including Valley Catholic High School (VCS High School), Valley Catholic Middle School (VCS Middle School), Valley Catholic Elementary School (VCS Elementary School), Valley Catholic Early Learning School (VCS Early Learning School), Valley Catholic Music School (VCS Music School)), **Sisters of St. Mary of Oregon Maryville Corporation** (Maryville Care), **Sisters of St. Mary of Oregon Ministries Corporation** (SSMO Ministries Corporation), and/or **Sisters of St. Mary of Oregon Foundation** (SSMO Foundation) (collectively referred to herein as "SSMO Ministries") on a volunteer basis, including: \_\_\_\_\_ (the "Volunteer Services").

I understand that I am not an employee of SSMO Ministries and that I am donating my services in a volunteer capacity only. I do not seek nor do I expect any compensation for my donated time and efforts.

In exchange for being allowed to participate as a volunteer and for other good and valuable consideration, the receipt and sufficiency of which I acknowledge, I hereby freely, voluntarily, and without duress execute this Volunteer Release and Waiver (the "Waiver") and agree to the following terms:

1. I fully understand and acknowledge that my association with SSMO Ministries and my provision of services to this organization are completely voluntary, are not directly tied to any duties that may be performed by or as an employee of SSMO Ministries, and do not constitute the provision of employment-related services.

2. I fully understand and acknowledge that SSMO Ministries, does not offer health insurance, workers' compensation insurance, or any other benefits to volunteers. I understand that I am responsible for maintaining my own health insurance.

3. I fully recognize and accept that volunteering has risks and unforeseen dangers (such risks could be, but are not limited to: mental/emotional stress or physical injury). I understand that I have the right to review each activity prior to my participation and choose to participate of my own free will. I will not undertake any activity that I do not believe I have the ability to handle.

4. I hereby fully and forever release and discharge SSMO Ministries from, and expressly waive, any and all liability, claims, and demands of whatever kind or nature, either in law or in equity, that may arise from my participation as a volunteer. I covenant not to make or bring any such claim or demand against SSMO Ministries, and fully and forever release and discharge SSMO Ministries from liability under such claims or demands.

5. I shall indemnify, defend, and hold harmless SSMO Ministries, its board, employees, agents, and other volunteers for, from and against all claims, accusations, notices, judgments, rulings, liabilities, expenses, and attorneys' fees that may arise as a result of my actions, inactions, errors, acts, or omissions in my capacity as a volunteer.

6. The laws of the State of Oregon will govern this agreement, and I consent to the jurisdiction and venue of the federal and state courts sitting in Beaverton, Oregon. If any part of this agreement is deemed unenforceable, all of the parts shall be given full effect to the extent possible.

**I HAVE READ AND FULLY UNDERSTAND THE ABOVE WAIVER. I UNDERSTAND THAT BY SIGNING THIS DOCUMENT I AM GIVING UP CERTAIN RIGHTS AND ACCEPTING CERTAIN DUTIES.**

\_\_\_\_\_  
Volunteer Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date